

SEAFOOD CITY SUPERMARKET

VALID AUGUST 2009
 THU 13 FRI 14 SAT 15 SUN 16 MON 17 TUE 18 WED 19
 Valid only at Seafood City West Covina - Carson
 Panorama - Vermont - Eagle Rock - Cerritos - North Hills

THE GREAT SUMMER

At Home Ako Sa'yo!

Grill n' Save!



Beef Short Rib



\$1.79
per lb.



Mula kay Lola...

KALBI-KOREAN SHORT RIBS

INGREDIENTS:
 3 lbs. sliced short ribs, 1/2" thick
 2/3 cup Pamana Soy Sauce
 1/4 C. sesame seed oil
 1/3 C. water
 1/2 C. sugar
 3 cloves garlic
 2 Tbs. crushed toasted sesame seeds
 1 onion, sliced
 1 bunch scallions, sliced 3" long sections



DIRECTIONS:
 Combine soy sauce, sesame seed oil, water and sugar in a large bowl. Whisk until sugar is dissolved. Add garlic, onion and scallions and combine. Add short ribs and make sure to coat both sides with marinade. Refrigerate for at least 1/2 hour, but preferably a couple of hours. After pre-heating grill well, cook short ribs about 3-4 minutes per side on medium high.

Large! White Shrimp Head On



\$3.99
per lb.

Moonfish



99¢
per lb.

\$1.99 each	99¢ per lb.	2 for \$6	3 for 99¢	Buy 2 Get 1 FREE!	\$5.99 each
\$12.99 per pack	2 for \$4	\$10.99 per pack	\$2.99 each		

3 lbs. for 99¢			

79¢ each			
Buy 3 Get 1 FREE!			

SPECIAL OFFER!

Beach Walk Rubber Slipper Assorted Color & Size

Favorite brand from the PHILIPPINES!

20% OFF!

Health & Beauty

Eskinol Orange Fresh Facial Wash Ice Poretherapy Facial Scrub 50 ml

\$1.99 each

Eskinol Oxygen Skin Revive Facial Wash 50 ml

\$2.39 each

Eskinol Pimple Fighting Facial Wash 50 ml

\$1.99 each

SIGN UP NOW!

Seafood City HOME Cooking Class

LESSONS FROM OUR CHEF

Schedule of Classes: Every Saturday, 10 am at Seafood City North Hills

For a limited time, you can sign up for any of the classes for FREE. Limited slots are available so be sure to REGISTER NOW! www.seafoodcity.com